



ACTIVITY WINTER PROGRAM

24 December – 17 March

MONDAY

ANDALO h. 10.00 / 12 - SNOWSHOE excursion with snowshoes on the flat of the Sarnacli. The secrets of the Forest. family 8 +

Stroll in the woods along the beautiful path that leads to Pian dei Sarnacli, through a small canyon and the fairytale woods that surround Andalo.

Registration: booking within 22.00 hrs on Sunday at reception the hotel.

Appointment: Andalo sports center climbing gym, cottage Alpine guides

What to bring: hiking boots, gloves and a cap.

Difficulty: easy and for everyone. Children from 8 years. Small children in the backpack.

Calorie consumption: 200 - 250 calories.

Costs: snowshoes rental € 5,00.

ANDALO h 14.00 / 16.00 Try cross-country skiing Kids 8+.

An aerobic winter sports in the quiet of the woods around the lake of Andalo.

Appointment: Andalo sports center, cross country ski center.

Costs: ski equipment rental € 10.00

TUESDAY

ANDALO h. 16.00 / 19.30 - APERICIASPOLA, CIASPOLE IN QUOTA AL SUNSET, Aperitif & Bonfire Excursion with snowshoes al sunset in Dosson. family 10+



We will go up in altitude with the ski lifts and then walk with them snowshoes in the Paganella forests. The day that leaves the place in the evening. A beautiful ring route with an aperitif around the bonfire at the Dosson refuge.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water, snacks, trekking boots or after ski, gloves and cap.

Difficulty: for people walking. 6 km. Of development with mountain climbs.

Children daughters 8 years. Small children in the backpack.

Calorie consumption: 350 - 400 calories.

Costs: snowshoe rental € 5.00, plus the ticket for the ski lift.

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.



ANDALO - "HUNTING THE TRAIL OF ANIMALS OF THE WOOD"

Activity Kids 2.30pm-4.30pm in loc. Dosson. From January 8th kids 5+

Discovering the traces of the animals that inhabit the woods. A fun and educational activities for the little ones

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Outdoor Center Activity / Dolomiti di Brenta Ski School, Loc. Dosson at the intermediate station of the telecabine center country 2001 spa.

What to bring: hiking boots or ski boots, after skiing, gloves and cap.

Difficulty: Children aged 5-12 years. Costs: ski lift.

ANDALO from Tuesday to Friday h. 14.00 / 16.00 - NORDIC SKI COURSE

Cross-country skiing course with ski instructors. The activity Burn Calories to get back in perfect shape, without struggling. family 8+

Cross-country skiing course around the Andalo lake or in the Paganella woods flat and easy paths, to learn the technique and the pleasure of the sliding with alternating and skated pace, professionally followed by ski instructors of the Dolomiti di Brenta ski school.

Registration: booking required before 5.00 pm on the previous day the activity at our Activity office - Dolomiti Ski School, in via Paganella 3 / a. Or in advance and directly ON-LINE at the following address:

<http://www.scuolaitalianasci.com/it/corsi-di-sci/fondo>

Appointment: Andalo sports center rental office and cross-country skiing school, at the soccer field changing rooms, or at Pian Dosson, in relation to weather and snow conditions.

What to bring: comfortable mountain clothing, gloves and cap.

Difficulty: easy and for everyone, adults and children. Children from 8 years.

Calorie consumption: over 400 calories per day.

Costs: Ski school and full equipment rental € 100. Reduced price reserved for Activity Hotel Guest

WEDNESDAY

ANDALO h 9.30 / 12.30 Ski touring, what a passion

Do you want to try a new experience such as hiking up a mountain with the ski? That's your challenge for your winter holiday in our ski resort. The Mountain Guide will you introduce some scientific aspects of the snow.

Appointment: Activity / ski school office, via Paganella.

Cost: skipass plus -renting skitouring gear € 28.00.

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.

ANDALO h. 14.00 / 16.30 - SNOW SKIING excursion with snowshoes from high snow in Paganella. family8 +

Walking off the beaten track with snowshoes is a beautiful activity outdoor for everyone. An opportunity to appreciate nature and the mountains in winter with unique views of the Brenta Dolomites.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water, snacks, trekking boots or after ski, gloves and cap.

Difficulty: Easy for everyone. 5 km. Of development with mountain climbs. Children daughters 8 years. Small children in the backpack.

Calorie consumption: 300 - 400 calories. Costs: snowshoes rental € 5.00 plus the ticket for the ski lift.

THURSDAY

ANDALO h. 09.30 / 16.00 - SNOWSHOE excursion with snowshoes in quota to the Montanara Refuge. family 10+

A classic excursion not to be missed! Off the beaten path to reach the welcoming La Montanara hut, at the foot of the peaks of the Brenta Dolomites. Lunch in a shelter.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: at the Andalo sports center at the climbing gym where there is the alpine guide house

What to bring: a backpack with water or thermos with hot drink, snack or small snack, trekking boots, gloves and cap, spare t-shirt.

Difficulty: For people used to easy excursions; 500 m. of uphill height difference for 10 km of development. Boys from 10 years.

Energy consumption: 400/500 calories. Costs: snowshoes rental € 5,00



ANDALO - SMALL SCALATORS we climb the ice waterfall the loc. Dosson H 14:00 - 16:00 - family5 +. From 10 January kids 5+

A small conquer for mountaineers for the little ones! Try climbing a small one ice mountain with harness, rope and ice axes, supervised by the our Alpine Guides.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Outdoor Center Activity / Dolomiti di Brenta Ski School, Loc. Dosson at the intermediate station of the telecabine center country 2001 spa.

What to bring: hiking boots or ski boots, after skiing, gloves and cap.

Difficulty: Children 5/12 years. Costs: ski lift.

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.

FRIDAY



ANDALO h. 15.45 / 23.00 - SNOWSHOE Sunset excursion with le snowshoes with typical dinner at the Meriz family chalet 10+

Reach a cozy mountain chalet with snowshoes to enjoy the dinner. An exciting excursion at twilight, walking in the woods in narrow contact with nature. After dinner, descent with a plant in Fai della Paganella e return by private bus to Andalo.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water or thermos with hot drink, snack or small snack, trekking boots, gloves and cap, spare t-shirt.

Difficulty: For people used to easy excursions, 6 km. Development with ups and downs. Boys from 10 years.

Energy consumption: 300 - 350 calories.

Costs: € 38.00. The proposal includes: Transportation (bus and downhill slope Fai della Paganella) Dinner à la carte menu, water and selected wines from the Trento cellar DOC. Does not include: ski lift Andalo / Dosson, snowshoes € 5.



ANDALO "TELL ME A STORY" - Activity Kids Stories and legends in the forest. from 4.30pm to 6.00pm at the Andalo park - Centro fondo. From 11 January. Kids 5 +

The legends and stories of the elves of the woods and of King Laurino told in one walk in the nature, to return with the frontal stacks in the dark.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Andalo Sports Center Office Center fund, soccer field

What to bring: hiking boots or ski boots, after skiing, gloves and cap.

Difficulty: Children 5/12 years. Costs: ski lift.

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.

SATURDAY

ANDALO h. 10.00 / 16.00 - SNOWSHOE IN QUOTA on the top of Paganella 2125 m , traversed from south to north family 10+

Hike with the lifts and then reach with snowshoes the top of Paganella, 2125 m. Along a scenic and wild path. Excursion not to be missed!

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water, snack or small snack, boots for trekking or after skiing, gloves and cap, spare t-shirt, thermos with hot drink.

Difficulty: For people used to walking. 5 km. Of development with 300 m. Of uphill height difference. Boys aged 12 and over

Calorie consumption: over 600 calories.

Costs: snowshoes rental € 5.00, ski lifts

SUNDAY



ANDALO h. 10.00 / 13.00 - SNOWSHOE IN QUOTA excursion with the Snowshoes at high altitude in Paganella. family8 +

Walking off the beaten track with snowshoes is a beautiful activity outdoor for everyone. An opportunity to appreciate nature and the mountains in winter with unique views of the Brenta

Dolomites.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water, snacks, trekking boots or after ski, gloves and cap.

Difficulty: Easy for everyone. 5 km. Of development with mountain climbs. Children daughters 8 years. Small children in the backpack.

Calorie consumption: 300 - 400 calories.

Costs: snowshoes rental € 5.00 plus the ticket for the ski lift.

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.

Only in the days of Thursday, December 27, 2018 and THURSDAY January 3, 2019.

Molveno h. 9.00 / 12.00 - SNOWSHOE excursion with snowshoes in altitude in the Brenta Dolomites. Location Pradèl family8 +

In the heart of the Brenta Dolomites to admire the sceneries of the spiers Dolomites and the views of Lake Molveno from the Pradèl plateau.

Appointment: Molveno, departure of the Pradèl cable car, at the entrance to the country of Molveno.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Costs: snowshoes rental € 5.00 plus the ticket for the ski lift.

Only on Saturday 19 January 2019.

Go it h. 6.00 / 11.00 - CIASPOLE SUNRISE excursion with snowshoes from snow at altitude at dawn family10 +

Excursion to sunrise on the top of Paganella. The first light of dawn, the air sparkling, the immaculate snow and a breathtaking Dolomite landscape. The whole combined with a sweet and savory breakfast with traditional local flavors.

Registration: booking required before 5.00 pm on the previous day activity at the hotel reception.

Appointment: Activity office / Ski school Dolomiti in the town center, in front to the Telecabina in via Paganella 3 / a.

What to bring: a backpack with water, snack or small snack, boots for trekking or after skiing, gloves and cap, spare t-shirt, thermos with hot drink.

Difficulty: For people used to walking. 5 km. Of development with 300 m. Of uphill height difference. Boys aged 12 and over. Attention: breakfast will be made later the first part of the excursion.

Calorie consumption: over 600 calories.

Costs: € 25.00. The proposal includes: ticket for lifts, breakfast. Not

includes: snowshoe rental € 5

In case of strong wind, or weather conditions that prevent the opening of the plant or from such compromising the safety of the participants, the initiative will be canceled

Activities guaranteed in case of lack of snow, excursions and walks with snowshoes they will be carried out as normal Trek excursions with the same meeting points and times. Guaranteed will be also ski mountaineering and the arava field exploiting the artificial snow-making of the slopes.